



HOUSTON
surgical specialists

Guide for Out-of-Town Patients

Endoscopic Sleeve Gastroplasty

Procedure Itinerary

Houston Surgical Specialist welcomes you to Houston! Below is a general timeline of what to expect. Your specific dates and times will be provided along with the initial phone consultation. Dr. Marvin may require testing prior to the procedure.

The clinic staff will send Lab orders for post op testing and RX orders to the pharmacy of your choice to bring with you to Houston.

- ▶ Thursday Morning fly into Houston, arrival approx. 11:00 am at the latest
- ▶ Thursday afternoon Pre-Op appointment with Dr. Marvin
- ▶ Friday Morning ESG Procedure at Hermann Drive Surgical Center
- ▶ Friday mid-afternoon released to travel companion (Must be over 18 years of age). Should the anesthesia not be tolerated well, overnight stay is required
- ▶ Saturday and Sunday are free to relax or see more of Houston
- ▶ Monday Morning Post-Op appointment with Dr. Marvin
- ▶ Monday afternoon cleared to travel home with Dr. Marvin's approval



Traveling Alone

- ▶ Pulse Staffing offers a Transport Service. 24 Hour observation is required.
 - ▶ www.pulsestaffing.com (713) 622-9877
- ▶ You will be discharged into their care from the surgery center

Recovery will contact Pulse Staffing within 30 min of discharge or admittance.
- ▶ The CAN/RN will transport you to your hotel and assist as needed
- ▶ Duration of hire is subject to the discharging facility- 24 hour observation
- ▶ Certain contractual obligations apply, contact Pulse Staffing for details
- ▶ Certified Nurse Assistant \$25 per hour RN is \$56-\$58 an hour
- ▶ Schedule at least 5 days prior
- ▶ No cancellation fee
- ▶ You have the option to be admitted for observation in the facility for additional cost in lieu of hiring a transport nurse. Contact your surgery center for details.



Airports

Two Convenient Airports in Houston:

- ▶ George Bush Intercontinental (IAH), 25 miles from Dr. Marvin's Office
- ▶ William Hobby (HOU), 15 miles from Dr. Marvin's Office

<http://www.fly2houston.com> This link also provides shuttle info.



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Hotels

Most offer Free Shuttle within a 3 mile radius

Hotel Derek

2525 West Loop South, Houston, TX 77027

713- 961-3000 www.hotelderek.com

Call Reservations & ask for Small Business Rate

Or on-line booking use code "sbiz".

Double Tree by Hilton

6 Greenway Plaza East, Houston, TX 77046

713-629-1200 www.doubletree.com

Promo Code: Medical Rate 0002682398

or [Doubletree Discount Booking](#)

Four Points Sheraton Greenway Plaza

2828 Southwest Freeway, Houston, TX 77098

713-942-2111 www.fourpointshoustongreenwayplaza.com

Medical Rate \$99 Includes Comp breakfast for 2, Comp Parking

Email Shelley booking s.bitzkie@fourpointshouston.com

Hotel ZaZa

5701 Main Street, Houston, Texas 77005

713-526-1991 houstonmuseumdistrict@hotelzaza.com

Call reservations & ask for Medical Center Rates of \$195.

Houston Marriott Medical Center

6580 Fannin Street, Houston, TX 77030

713-796-0080 www.HoustonMarriott.com

Call reservations & ask for Medical Center Rate of \$199

Crown Plaza River Oaks

2712 Southwest Freeway, Houston, TX 77098

713-523-8448 www.ihg.com/crowneplaza

Call reservations & ask for ISDHI rate \$115



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Transportation

- ▶ Airport and Hotel Shuttles
- ▶ Taxi
 - ▶ The Taxi Club of Houston
 - ▶ www.taxiclubhou.com
- ▶ Uber See App store for OS download
- ▶ My Private Driver
 - ▶ www.myprivatedriver.com



Around Houston

- ▶ Shop for clear liquids: [Kroger Delivery](#) (Please check details)
- ▶ Outdoor family entertainment: Discovery Green
www.discoverygreen.com
- ▶ Shopping: The Galleria Mall & Hedwig Village Shopping
- ▶ Museum District: www.houmuse.org
- ▶ Theater: www.houston-theater.com
- ▶ Music, Arts, Festivals: www.artshound.com
- ▶ Other: (Places of Worship, etc.):
www.downtownhouston.org



For Your Notes

Houston Surgical Specialist

4120 Southwest Freeway Ste. 230

Houston, TX 77027

713-993-7124 Office (Page Dr. Marvin)

Schedules, Labs/Test, RX's, Nutrition

713-963-0476 Fax (Labs, Medical Records)

713-341-6206 Sheila (Logistics)

Sheila@doctormarvin.com

Your surgery center

Hermann Drive Surgical Hospital

2001 Hermann Drive

Houston, TX 77004

713-285-5500

Notes

Arrival Flight to IAH or Hobby:

Flight Number: _____

Hotel Name: _____

Reservation # _____

Emergency Contact Name: _____

Phone #: _____

Pre-Op Date: __/__/____

Procedure Date: __/__/____

Post-Op Date: __/__/____

Departure Flight Home:

Flight Number: _____



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Info so we can better serve you!

Please provide the following 2-3 days prior to your trip:

Your travel companion's Name and Mobile number.

They must be over 18.

Traveling alone must secure assistance with Pulse Staffing.

The name of your hotel.

Be sure to plan transportation during your stay

EMAIL: Sheila@doctormarvin.com



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